

Stitches

Level : Advanced
Artist : Shawn Mendes
Choreo : Amanda Lim, Brisbane. (amandahljlim@gmail.com)
Speed : + 20% **Length** : 3:27
Sequence : A B C A B C Instrumental D C Ending
Wait : 8 Beats; Left foot lead

Part A - 32 Beats

8 Flat Slur Double
8 Daydream Pivot (1/2 L)

REPEAT

Part B - 16 Beats

16 Move On

Part C (Chorus) - 32 Beats

8 Stomp Chasin' Beat
8 Train Chasin'
8 Chasin' Beat
8 Train Chasin'

Part A - 32 Beats

8 Flat Slur Double
8 Daydream Pivot (1/2 L)

REPEAT

Part B - 16 Beats

16 Move On

Part C (Chorus) - 32 Beats

8 Stomp Chasin' Beat
8 Train Chasin'
8 Chasin' Beat
8 Train Chasin'

Instrumental - 8 Beats

8 Weymouth Moonshine

Part D - 32 Beats

8 Stitch
8 Gregory Stitch
8 Stitch
8 Gregory Stitch Bing

Part C (Chorus) - 32 Beats

8 Stomp Chasin' Beat
8 Train Chasin'
8 Chasin' Beat
8 Train Chasin'

Ending - 16

8 Train Stitch
8 Train Bing



STEP DESCRIPTIONS FOR "STITCHES" PAGE (1)

FLAT SLUR DOUBLE:

DS (OTS) SLR-S (XIB) DS TnDn RS (OTS) SLR-S (XIB) DS RS
L R R L R LR L L R LR
&1 & 2 &3 e&a4 &5 & 6 &7 &8

DAYDREAM PIVOT:

DS TnUp-TnDn T-BA H-BA RS (FWD) PVT (1/2L) S RS TnDn
L R R L L R R LR R L RL R
&1 e&a2 e&a3 e & a 4 &5 & 6 &7 e&a8

MOVE ON:

DS (OTS) TnDn (XIF) TnDn (OTS) SLR-S (XIB) RS TnDn (XIF) TnDn (OTS) T-BA H-BA H-BA H-S
L R L R R LR L R L L R R L L R R
&1 e&a2 ea&3 & 4 &5 e&a6 e&a7 e & a 8 e & a 9

TnDn (XIF) TnDn (OTS) SLR-S (XIB) RS T-BA H-BA BA BA DBL K/BA SLAP-BA S
L R L L RL R R L L R L R L/R L L R
e&a10 e&a11 & 12 &13 e & a 14 & 15 e& a 16 e &

STOMP CHASIN' BEAT: (In this dance (P) is taken up by e& of MOVE ON or GREGORY STICH BING)

(P) STO TCHH-H (WGT) H-BA SLAP-BA H-BA DBL-BA TCH (XIF) DBL-BA H (WGT FWD) BA SLAP-BA TCH-DS DS
L R R L L R R L L R R L L L R L R R L L R
& 1 e & a 2 e & a 3 e& a 4 e& a 5 e & a 6 &7 &8

CHASIN' BEAT:

DS TCHH-H (WGT) H-BA SLAP-BA H-BA DBL-BA TCH (XIF) DBL-BA H (WGT FWD) BA SLAP-BA TCH-DS DS
L R R L L R R L L R R L L L R L R R L L R
&1 e & a 2 e & a 3 e& a 4 e& a 5 e & a 6 &7 &8

TRAIN CHASIN':

DBL-BA DBL HOP DBL HOP T-BA DBL HOP DBL HOP T-BA TCHH-H (WGT) H-BA SLAP-BA H-BA
L L R L R L R R L R L R L L R R L L R R L L
&a 1 e& a 2e & a 3 e& a 4e & a 5 e & a 6 e & a 7
SK HOP H-S (XIF)
R L R R
e & a 8

WAYMOUTH MOONSHINE:

DBL-BA DBL (XIF) BA BA DBL (OTS) BA BA DBL-BA DBL (XIF) BA BA DBL (OTS) BA DBL (XIF) BA BA
L L R R L R R L R R L L R L L R L R R L L R L
&a 1 e& a 2 e& a 3 e& a 4e & a 5e & a6 e &

DBL-BA DBL HOP TCH
R R L R L
a7 e &a 8 &

STITCH: (In this Dance (P) is taken up by the last '&' of WAYMOUTH MOONSHINE - 1/4R on beat 3)

(P) BA T-BA H-BA H (WGT TOE IN) FL (TOE OTS) BA (XIB) DBL-BA DBL-BA S-SL BA SLAP-BA
L R R L L R R L R R L L R R L R R
& 1 e & a 2 e & 1 e a 3e & a4 e & 5 e & a

BA DBL-BA DBL-BA TT (BK) SL BA
L R R L L R L R
6 e& a 7e & a 8 &

STEP DESCRIPTIONS FOR "STITCHES" PAGE (2)

GREGORY STITCH: (In this dance (P) is taken up by last '&' beat of STITCH - 1/4R on beat 3)

(P) BA TCHH(OTS) LIFT/(CLK R H TO L H) BA BA H(WGT & TOE IN) FL(TOE OUT) BA(XIB)
L R L / R R L R R L
& 1 e & a 2 e & a

DBL-BA DBL-BA S-SL BA SLAP-BA BA DBL-BA DBL-BA TT(BK) SL BA
R R L L R R L R R L R R L L R L R
3e & a4 e & 5 e & a 6 e& a 7e & a 8 &

GREGORY STITCH BING: (In this dance (P) is taken up by last '&' beat of STITCH)

(P) BA TCHH(OTS) LIFT/(CLK R H TO L H) BA BA H(WGT & TOE IN) FL(TOE OUT) BA(XIB)
L R L / R R L R R L
& 1 e & a 2 e & a

DBL-BA DBL-BA S-SL BA SLAP-BA BA BA BA DBL K/BA SLAP-BA S
R R L L R R L R R L R L R L/R L L R
3e & a4 e & 5 e & a 6 & 7 e& a 8 e &

TRAIN STITCH:

DBL-BA DBL HOP DBL HOP T-BA DBL HOP DBL HOP T-BA H(WGT & TOE IN) FL(TOE OUT) BA(XIB)
L L R L R L R R L R L R L L R R L
&a 1 e& a 2e & a 3 e& a 4e & a 5 e & a

DBL-BA DBL-BA DBL HOP TCH
R R L L R L R
6e & a7 e &a 8 &

TRAIN BING: (In this dance (P) is taken up by TRAIN STITCH)

(P) BA DBL HOP DBL HOP T-BA DBL HOP DBL HOP T-BA DBL HOP DBL HOP
R L R L R L L R L R L R R L R L R
& 1 e& a 2e & a 3 e& a 4e & a 5 e& a 6e &

T-BA DBL K/BA SLAP-BA S
L L R L/R L L R
a7 e& a 8 e &