

Dance Level	Stressed Out	
Artist	Advanced	
Choreo	Twenty One Pilots	
Speed	Peter Wee & John Bishop	
Sequence	Normal	Length 3:22
Wait	A B C D A* B C E C E	
	16 Beats; Left Foot Lead	

	<u>Part A (24 Beats)</u>		<u>Part B (16 Beats)</u>
16	2 Chasin' Down Gallop	4	Double Basic Slur (1/2 R)
8	Tennessee Slide & Drag	4	Doubles & Flange
		4	Double Basic Slur (1/2 R)
		4	Doubles & Flange
	<u>Part B (16 Beats)</u>		
4	Double Basic Slur (1/2 R)		
4	Doubles & Flange		
4	Double Basic Slur (1/2 R)		
4	Doubles & Flange		
	<u>Part C (32 Beats)</u>		<u>Part C (32 Beats)</u>
32	2 Stressed Out (1/2 L on ea)	32	2 Stressed Out (1/2 L on ea)
	<u>Part D (16 Beats)</u>		<u>Part E (32 Beats)</u>
16	2 Hopping Clogvine Buck	8	Flat Gypsy Slide (1/2 L)
		4	2 Rocking Toe Buck Basic
		4	Gregory Stomp 'n' Slide
	<u>Part A* (34 Beats)</u>	16	<u>REPEAT ABOVE TO FRONT</u>
8	Chasin' Down Gallop		
8	Tennessee Slide & Drag		<u>Part C (32 Beats)</u>
8	Chasin' Down Gallop	32	2 Stressed Out (1/2 L on ea)
8	Tennessee Slide & Drag		
2	2 Crimp Roll		<u>Part E (32 Beats)</u>
		8	Flat Gypsy Slide (1/2 L)
		4	2 Rocking Toe Buck Basics
		4	Gregory Stomp 'n' Slide
		16	<u>REPEAT ABOVE TO FRONT</u>



Step Descriptions For "Stressed Out"

CHASIN' DOWN GALLOP:

DS TCHH-H(WGT) H-BA SLAP-BA H-BA TnDn
L R R L L R R L L R
&1 e & a 2 e & a 3 e&a4

[BA T-BA/K(XIF) BA T-BA/K(XIF) BA T-BA/K(XIF)] (MOVE L) BA/HD SL/LIFT
L R R/L L R R/L L R R/L L/R L/R
& a 5 & a 6 & a 7 & 8

TENNESSEE SLIDE & DRAG:

DS TnUp(XIF) TnUp(X) T-BA H-S TnDn SK DR-POP SLAP BO/BO (P) SL/SL DR/DR LIFT/SL
L R R R R L L R L R L L/R L/R L/R L /R
&1 e&a2 e&a3 e & a 4 e&a5 e & a 6 & 7 & 8

DOUBLE BASIC SLUR: (In this dance PVT 1/2 R on SLR(REV))

DS DS R S(FWD) SLR(REV) LIFT/SL
L R L R L L /R
&1 &2 & 3 & 4

DOUBLES & FLANGE:

DT-BA DT FLA/BA(XIF) BA(XIB) DT-BA(OTS) DT-BA(XIF)/FLA HD/BA LIFT/SL
L L R L/R L R R L L/R L/R L/R
&a 1 ea & 2 ea & ea 3 & 4

STRESSED OUT:

DS SK DR-POP SLAP(XIF) BA/BA(XIF) PVT(1/2 L) H/H SL/SL DR/DR
L R L R L/R L/R L/R L/R
&1 e & a 2 & 3 & 4

(P) S TnDn (P) S(F) TT(BK) PLBK TCH(F) (P) S(F) TT(BK) PLBK TCH(F)
L R L R L R R L R L
& 5 e&a6 & 7 e &a 8 & 9 e &a 10

(P) S TnDn DS DBL(F) H DBL(OTS) H T-BA DBL HOP TCH(BS)
L R L R L R L R R L R L
& 11 &a12 &13 e& a 14e & a 15 e& a 16

HOPPING CLOGVINE BUCK:

DS(OTS) HOP H-S(XIF) DS(OTS) HOP T-BA(XIB) DS(OTS) HOP H-S(XIF) DBL-BA H-BA H-BA
L L R R L L R R L L R R L L R R L L
&1 & a 2 &3 & a 4 &5 & a 6 &a 7 e & a 8

CRIMP ROLL:

BA BA H H
L R L R
e & a 1

FLAT GYPSY SLIDE: (In this dance turn 1/2 L)

DS TnUp(FLR) R S TnUp(FLR) R S TnDn TnDn BA-SL)
L R R L R R L R L R R
&1 e&a2 & 3 e&a4 & 5 e&a6 e&a7 & 8

ROCKING TOE BUCK BASIC:

DBL-BA T-BA(XIB) H-BA
L L R R L L
&a 1 e & a 2

GREGORY STOMP 'N' SLIDE:

DBL-BA TCHH(OTS) LIFT/(CLK R H TO L H) BA BA TCHH(OTS) LIFT/(CLK R H TO L H) BA BA STO-SL
L L R L/R R L R L/R R L R R
&a 1 e & a 2 e & a 3 & 4