

Ready For The Good Times



LEVEL: Advanced **GENRE:** Pop Rock
MUSIC: Shakira - CD Laundry Service - Track 6
CHOREO: Acelyn Sutton, Greg Taylor, Jean Watford. **EMAIL:** watfordjean@gmail.com
SPEED: Normal **LENGTH:** 4.20
SEQUENCE: INTRO A B CH BRK INTRO A B CH INSTRU 1 INSTRU 2 A CH BRK INSTRU 3
WAIT: 16 counts Left foot lead April 2005

QUICK CUE

Intro (16 beats)

16 2 Bonanza Flap (L & R)

Part A (32 beats)

8 High Horse Switch
4 Soccer Tennessee (1/2 R)
4 Mountain Goat
16 REPEAT

Part B (32 beats)

8 2 Short Parkway Vine
8 Flat Burton Turn Around (1/2 R)
16 REPEAT

Chorus (32 beats)

16 Good Time (1/2 R)
16 REPEAT

Break (32 beats)

8 Jean's Step
8 Synco Joey Scoot (1/2 R)
16 REPEAT OPP FOOTWORK & DIR

Intro (16 beats)

16 2 Bonanza Flap (L & R)

Part A (32 beats)

8 High Horse Switch
4 Soccer Tennessee (1/2 R)
4 Mountain Goat
16 REPEAT

Part B (32 beats)

8 2 Short Parkway Vine
8 Flat Burton Turn Around (1/2 R)
16 REPEAT

QUICK CUE

Chorus (32 beats)

16 Good Time (1/2 R)
16 REPEAT

Instrumental 1 (32 beats)

16 Shakira Kicks (1/2 R)
16 REPEAT

Instrumental 2 (32 beats)

8 2 Waymouth Four
8 Slur Karate Buck (1/2 R)
16 REPEAT

Part A (32 beats)

8 High Horse Switch
4 Soccer Tennessee (1/2 R)
4 Mountain Goat
16 REPEAT

Chorus (32 beats)

16 Good Time (1/2 R)
16 REPEAT

Break (32 beats)

8 Jean's Step
8 Synco Joey Scoot (1/2 R)
16 REPEAT OPP FOOTWORK & DIR

Instrumental 3 (64 beats)

8 Waymouth Creeper (1/4 R)
8 Ira's Touches (1/2 R)
8 Waymouth Creeper (1/4 R)
8 Ira's Touches (1/2 R)
8 Waymouth Creeper (1/4 R)
8 Ira's Touches (1/2 R)
8 Waymouth Creeper (3/4 R)
8 Synco Swirl (Full L)



Step Definitions - **READY FOR THE GOOD TIMES**

BONANZA FLAP:

DS DS(XIF) DT H DT H DS(XIB) R(OTS) S(XIF) DR/LIFT-H-FL(OTS) S
L R L R L R L R L R R R L
&1 &2 & 3 & 4 &5 & 6 & 7 & 8

HIGH HORSE SWITCH:

DS DT(XIF) SL DT(X) SL BA(OTS) BA(XIF) HD/BA LIFT/SL DS DT HD/BA BA/HD SL/LIFT
L R L R L R L L/R L /R L R L/R L/R L /R
&1 & 2 & 3 & 4 & 5 &6 & 7 & 8

SOCCER TENNESSEE:

DS DT(BK) (1/2 R) H DS TnDn
R L R L R
&1 & 2 &3 e&a4

MOUNTAIN GOAT:

DS BA(XIF) BA(OTS) BA(OTS) BA(XIF) BA(XIB) SL
L R L R L R R
&1 & 2 & 3 & 4

SHORT PARKWAY VINE:

DS TnDn(XIF) DS(OTS) SLR-S(XIB)
L R L R R
&1 e&a2 &3 & 4

FLAT BURTON TURN AROUND:

DS TnUp(XIF) TnUp(X) [BA BA BA] (1/2 R) S-DR/K SL DBL-BA H-BA H-BA
L R R R L R L L /R L R R L L R R
&1 e&a2 e&a3 & 4 & 5 & 6 &a 7 e & a 8

GOOD TIME:

DS(OTS) DS(XIF) DS(OTS) HOP T-BA DS(OTS) DS(XIF) DT-BO/HD HD/BO LIFT/SL (P)
L R L L R R L R L L/R L/R L/R
&1 &2 &3 & a 4 &5 &6 & 7 & 8 &
TCH(OTS) (1/4 R) (P) LIFT (P) TCH(OTS) (1/4 R) (P) LIFT (P) S BR(F) H DT(XIF)
L L L L L L L R L R
9 & 10 & 11 & 12 & 13 & 14 &
FLA/S(XIF) S(XIB)/FLA FLA/S(XIF)
L /R L /R L /R
15 & 16

JEAN'S STEP:

(P) S-SL R S-SL R H-FL TT(BK) H(WGT& TW T L) FL(TW T R) TT(BK) H(WGT& TW T R)
L L R L L R L L R R R L L
& 1 & 2 & 3 & 4 & 5 & 6 & 7
FL(TW T L) TT(BK)
L R
& 8

SYNCO JOEY SCOOT:

(P) S(OTS) (P) (P) [BA(XIB) BA(OTS) S(OTS)] (1/2 L) BA(XIB) BA(OTS) S(FWD) SC(FWD)
L R L R L R L R L L
& 1 & 2 & 3 & 4 & 5 &
SC(FWD) DBL-BA T-BA H-BA
L R R L L R R
6 &a 7 e & a 8

Step Definitions cont'd - **READY FOR THE GOOD TIMES**

SHAKIRA KICKS:

(P) [K(F)/HOP S (FWD) S (FWD) DBL-BA DBL-BA TT (BK) SL BA/K-S (F) S (FWD) DBL-BA DBL-BA
L/R L R L L R R L R L /R R L R R L L
& 1 & 2 &a 3 e& a 4 & 5 & 6 &a 7 e& a
TT (BK) SL K (F)/BA S (FWD) S (FWD) DBL-BA DBL-BA TT (BK) SL] (DIAG L) S (BK) (P)
R L L /R L R L L R R L R L
8 & 9 & 10 &a 11 e& a 12 & 13 &
[S (BK) (P) S (FWD) (P) S (FWD)] (1/2 R)
R L R
14 & 15 & 16

WAYMOUTH FOUR:

DBL-BA DBL-BA (XIF) BA DBL-BA (OTS) BA DBL-BA (XIF) BA
L L R R L R R L R R L
&a 1 e& a 2 e& a 3 e& a 4

SLUR KARATE BUCK:

DS (OTS) SLR-S (XIB) RS K/PVT (1/2 R) H (P) S-DR/K SL DBL-BA T-BA H-BA
L R R LR L/ R R L L/R L R R L L R R
&1 & 2 &3 & 4 & 5 & 6 &a 7 e & a 8

WAYMOUTH CREEPER: (In this dance turn 1/4 R on &8 or 3/4 R on &a5 &a6 &a7 &8)

DBL-BA DBL-BA (XIF) BA DBL-BA (OTS) BA DBL-BA (XIF) BA [H-FL S (BK) H-FL S (BK) H-FL
L L R R L R R L R R L R R L R R L R R
&a 1 e& a 2 e& a 3 e& a 4 & a 5 & a 6 & a
S (BK)] (DIAG R) [BA-SL] (1/4 R)
L R R
7 & 8

IRA'S TOUCHES: (In this dance turn 1/2 R on counts &1 &2 &3 &4)

DS TT (XIB) HOP S (OTS) TT (BK) HOP S BA BA DBL-BA TCH BA DBL-BA TCH SL
L R L R L R L R L R R L L R R L L
&1 & 2 & 3 & 4 & 5 e& a 6 & a7 e & 8

SYNCO SWIRL:

(P) S (OTS) (P) (P) BA (XIB) BA (OTS) S (OTS) BA (XIB) BA (OTS) S (1/4 L)
L R L R L R L R L
& 1 & 2 & 3 & 4 & 5
SLR (XIF) [BA/BA] (PVT 3/4 L) [H/H] (BS)
R L /R L/R
& 6&7& 8

HAND MOVEMNT: for SYNCO SWIRL

On Slur xif, - with fingers stretched raise R arm up high at side of face. Keep fingers stretched, as you turn, turn hand so palm faces to right, lower hand down to chest as you face front and lower head on count 8.