

JUMP

Level: Intermediate
Music: Pointer Sisters CD Collections Track 1
Choreo: Jean Watford **Email:** watfordjean@gmail.com
Speed: Normal **Length:** 3.59
Sequence: INTRO A B CH BRK A CH C BRK* INST CH* END
Wait: 8 beats



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Quick Cues

Intro (32 beats)

32 4 Stomp Sync

Part A (64 beats)

8 Kentucky Vine Touch
8 Drag Flip Vine (1/2 R)
8 Rock Slur
4 Triple
4 Fancy Kick
32 REPEAT

Part B (32 beats)

8 Double Up And Rock
4 Ira's Step
4 Syncopation
8 Snake Back Track
4 Ira's Step
4 4 Stomp

Chorus (64 beats)

4 Jump Twist And Switch
4 Quick Turkey
4 Down Turn (1/2 L)
4 Triple
16 2 Red Rooster Sync (L & R)
32 REPEAT

Break (16 beats)

16 2 Long Jazz Rock (L & R)

Part A (64 beats)

8 Kentucky Vine Touch
8 Drag Flip Vine (1/2 R)
8 Rock Slur
4 Triple
4 Fancy Kick
32 REPEAT

Chorus (64 beats)

4 Jump Twist And Switch
4 Quick Turkey
4 Down Turn (1/2 L)
4 Triple
16 2 Red Rooster Sync (L & R)
32 REPEAT

Quick Cues

Part C (32 beats)

8 MJ Heel Pivot (1/2 L)
4 Fancy Triple
4 Stomp Double
16 REPEAT

Break* (40 beats)

16 2 Long Jazz Rock (L & R)
8 2 Half Samantha (L & R)
8 Cole Step
8 Crossover (BK)

Inst (24 beats)

8 Snake Back Track
4 Ira's Step
4 Syncopation
8 Snake Back Track

Chorus* (48 beats)

4 Jump Twist And Switch
4 Quick Turkey
4 Down Turn (3/4 L)
4 Triple
4 Jump Twist And Switch
4 Quick Turkey
4 Down Turn (3/4 L)
4 Triple
4 Jump Twist And Switch
4 Quick Turkey
4 Down Turn (1/2 L)
4 Triple

End (40 beats)

16 2 Red Rooster Sync (L & R)
4 Down Turn (1/2 R)
4 Triple
4 Down Turn (1/2 L)
4 Triple
8 Cole Step



Step Definitions - Jump

STOMP SYNC:

(P) STO(XIF) R(BK) S(BS) (P) STO(XIF) R(BK) S(BS) S STO(XIF)
L R L R L R L R
& 1 & 2 & 3 & 4 & 5
R(BK) S(BS) (P) STO(XIF) R(BK) S(BS)
L R L R L
& 6 & 7 & 8

KENTUCKY VINE TOUCH:

DS-DR S(XIF) DS-DR S(XIB) DS-DR S(XIF) DS TCH(F) H
L L R L L R L L R L R L
&1 & 2 &3 & 4 &5 & 6 &7 & 8

TRIPLE:

DS DS DS RS
R L R LR
&1 &2 &3 &4

FANCY KICK:

DS DS RS K H
L R LR L R
&1 &2 &3 & 4

DRAG FLIP VINE: (In this dance turn 1/2 R on counts &6 &7)

DS-DR S(XIF) DS-DR S(XIB) DS [DT(BK) SL BR SL] (1/2 L) DS
R R L R R L R L R L
&1 & 2 &3 & 4 &5 & 6 & 7 &8

ROCK SLUR:

DS(OTS) SLR-S(XIB) R S(OTS) SLR-S(XIB) R S(OTS) SLR-S(XIB) RS BR SL
R L L R L R R L R L L RL R L
&1 & 2 & 3 & 4 & 5 & 6 &7 & 8

DOUBLE UP AND ROCK:

(P) STO DT H DT H RS DT H DT H RS RS
L R L R L RL R L R L RL RL
& 1 & 2 & 3 &4 & 5 & 6 &7 &8

SYNCOPIATION:

(P) STO DS STO DS STO
L R L R L
& 1 &2 & 3& 4

STOMP:

(P) STO
L
& 1

IRA'S STEP:

DS TT(XIB) HOP S(OTS) TT(XIB) HOP S
R L R L R L R
&1 & 2 & 3 & 4

SNAKE BACK TRACK:

DS H(WGT XIF TW) S(OTS) R(BK) S(OTS) H(WGT XIF TW) S(OTS) R(BK) S(OTS)
L R L R L R L R L
&1 & 2 & 3 & 4 & 5
DS(OTS) H(WGT XIF TW) S(OTS) R(BK) S(OTS)
R L R L R
&6 & 7 & 8

JUMP TWIST AND SWITCH:

(P) JMP/JMP(TW H'S L) HD(F)/BA SL DT BA/HD(F) HD(F)/BA LIFT/SL
L/R L/R R L L/R L/R L/R
& 1 & 2 &a 3 & 4

QUICK TURKEY:

LIFT/DR H-FL(OTS) BA(XIB) R(OTS) H-FL(OTS) S(XIB) (CAN BE A (P) INSTEAD OF LIFT/DR)
L /R L L R L R R L
& 1 & 2 & 3 & 4

DOWN TURN:

DS DT-JMP/JMP(1/4 L) (P) [HOP-HOP] (3/4 R) S
L R R/L L L R
&1 & 2 & 3 & 4

Step Definitions cont'd - Jump

RED ROOSTER SYNC:

[DS DS (XIF) BA (OTS) BA (XIB) BA (OTS) BA (XIF) DS DS S DS S] (MOVE L)
L R L R L R L R L R L
&1 &2 & 3 & 4 &5 &6 & 7& 8

LONG JAZZ ROCK:

T-H (OTS) T-H (XIF) T-H (BK) RS T-H (OTS) T-H (XIF) T-H (BK) T-H (OTS)
L L R R L L RL R R L L R R L L
& 1 & 2 & 3 &4 & 5 & 6 & 7 & 8

MJ HEEL PIVOT:

DS DS (XIB) R H (WGT FWD) PVT (1/2 L) S [DS DS DS RS] (FWD)
L R L R R L R L R LR
&1 &2 & 3 & 4 &5 &6 &7 &8

FANCY TRIPLE:

DS (OTS) DS (XIF) DS (XIB) R (OTS) S (XIF)
L R L R L
&1 &2 &3 & 4

STOMP DOUBLE:

(P) STO DS DS RS (CAN BE DR INSTEAD OF (P) AT START)
R L R LR
& 1 &2 &3 &4

HALF SAMANTHA:

DS DS (XIF) DR S (BK) RS
L R R L RL
&1 &2 & 3 &4

COLE STEP:

DS-SL R S-SL RS S-SL DS DS RS
L L R L L RL R R L R LR
&1 & 2 & 3 &4 & 5 &6 &7 &8

CROSSOVER: (In this dance XIB on counts &3 &5 &7)

DS TCH (OTS) H T-H (XIF) TCH (OTS) H T-H (XIF) TCH (OTS) H T-H (XIF) TCH (OTS) H
L R L R R L R L L R L R R L R
&1 & 2 & 3 & 4 & 5 & 6 & 7 & 8