

This Is It

Level: Easy Intermediate
Artist: DANNII MINOGUE
Choreo: Rodney Cruise (Rainbow Cloggers c/o Nev Flegg)
Speed: Normal **Length:** 3.40 min.
Order: A A B A C A D B A A E
Wait: 40 beats

Quick Cues

Part A (30 beats)

4 2 Basic
4 Triple Kick (FWD)
4 Triple (BK)
4 2 Basic
2 2 Double Step
6 3 Karate Basic (1/4 L on ea)
2 Kick (1/4 L)
4 Triple (BK)

Part A (30 beats)

4 2 Basic
4 Triple Kick (FWD)
4 Triple (BK)
4 2 Basic
2 2 Double Step
6 3 Karate Basic (1/4 L on ea)
2 Kick (1/4 L)
4 Triple (BK)

Part B (40 beats)

4 Travelling Pivot (1/2 R)
4 Fancy Double
24 REPEAT 3 MORE TIMES
8 2 Pivot Chain (Full L & R)

Part A (30 beats)

4 2 Basic
4 Triple Kick (FWD)
4 Triple (BK)
4 2 Basic
2 2 Double Step
6 3 Karate Basic (1/4 L on ea)
2 Kick (1/4 L)
4 Triple (BK)

Part C (40 beats)

4 Triple Twirl (FWD & FULL L)
4 Triple (FWD)
8 Vine & Drag (BK)
4 Triple Twirl (FWD & FULL L)
4 Triple (FWD)
8 Vine & Drag (BK)
8 2 Pivot Chain (Full L & R)

Quick Cues

Part A (30 beats)

4 2 Basic
4 Triple Kick (FWD)
4 Triple (BK)
4 2 Basic
2 2 Double Step
6 3 Karate Basic (1/4 L on ea)
2 Kick (1/4 L)
4 Triple (BK)

Part D (36 beats)

16 4 Travelling Triple (1/2 R)
2 2 Double Step
16 2 Clogover Vine (L & R)
2 2 Double Step

Part B (40 beats)

4 Travelling Pivot (1/2 R)
4 Fancy Double
24 REPEAT 3 MORE TIMES
8 2 Pivot Chain (Full L & R)

Part A (30 beats)

4 2 Basic
4 Triple Kick (FWD)
4 Triple (BK)
4 2 Basic
2 2 Double Step
6 3 Karate Basic (1/4 L on ea)
2 Kick (1/4 L)
4 Triple (BK)

Part A (30 beats)

4 2 Basic
4 Triple Kick (FWD)
4 Triple (BK)
4 2 Basic
2 2 Double Step
6 3 Karate Basic (1/4 L on ea)
2 Kick (1/4 L)
4 Triple (BK)

Part E (12 beats)

4 2 Basic
4 Triple Kick (FWD)
4 Triple Stomp (BK)

Step Definitions - This Is It

DOUBLE STEP:

DS
L
&1

BASIC:

DS RS
L RL
&1 &2

FANCY DOUBLE:

DS DS RS RS
L R LR LR
&1 &2 &3 &4

TRIPLE: (This dance FWD or BK on 3 DS)

DS DS DS RS
L R L RL
&1 &2 &3 &4

TRIPLE KICK: (This dance FWD on 3 DS)

DS DS DS K H
L R L R L
&1 &2 &3 &4

KARATE BASIC: (This dance 1/4 L on PVT)

DS-PVT (1/4 L) /K H DS RS
L L /R L R LR
&1 & 2 &3 &4

KICK:

DS K H
L R L
&1 & 2

TRAVELLING PIVOT: (This dance 1/2 L on PVT)

DS (OTS) DS (XIF) DS (OTS) PVT (R) /LOOP-S (BK)
L R L L / R R
&1 &2 &3 & 4

PIVOT CHAIN: (This dance FULL L or R on 3 RS)

DS [RS RS RS] (TURN)
L RL RL RL
&1 &2 &3 &4

TRIPLE TWIRL (FWD on 3 DS, Full L on PVT)

DS DS DS PVT-S
L R L L R
&1 &2 &3 & 4

VINE & DRAG: (Move BK & to side)

DS (OTS) DS (XIB) DS (OTS) K/DR S (XIF) DR/K S (XIF) DS DS RS
R L R L/R L L/R R L R RL
&1 &2 &3 & 4 & 5 &6 &7 &8

TRAVELLING TRIPLE: (This dance 1/2 R on RS)

DS (OTS) DS (XIF) DS (OTS) RS
L R L RL
&1 &2 &3 &4

CLOGOVER VINE:

DS (OTS) DS (XIF) DS (OTS) DS (XIB) DS (OTS) DS (XIF) DS RS
L R L R L R L RL
&1 &2 &3 &4 &5 &6 &7 &8

TRIPLE STOMP:

DS DS DS STO STO
L R L R L
&1 &2 &3 & 4