

LEAVIN' S HEAVY ON MY MIND

Level: Basic Plus 2
Artist: THE GRASCALS
Choreo: Neville Flegg
Speed: -5% or Normal **Length:** 2.48 min
Order: A B C D A B C D A B C B B E
Wait: 16 beats (after fiddle)

Quick Cues

Part A (32 beats)

8 Clogover Vine
4 Pivot Chain (1/2 R)
4 Chasit (Fwd)
8 Clogover Vine
4 Pivot Chain (1/2 R)
4 Chasit (Fwd)

Part B (16 beats)

4 2 Slur Step (L)
4 Burton Stamp (1/2 L)
4 Donkey (Rft)
4 Rocking Chair (1/2 L)

Part C (32 beats)

8 Three Two One (1/4 L)
4 Back Touch & Basic
4 Fancy Double (1/4 L)
8 Three Two One (1/4 L)
4 Back Touch & Basic
4 Fancy Double (1/4 L)

Part D (4 beats)

4 2 Basic

Part A (32 beats)

8 Clogover Vine
4 Pivot Chain (1/2 R)
4 Chasit (Fwd)
8 Clogover Vine
4 Pivot Chain (1/2 R)
4 Chasit (Fwd)

Part B (16 beats)

4 2 Slur Step (L)
4 Burton Stamp (1/2 L)
4 Donkey (Rft)
4 Rocking Chair (1/2 L)

Part C (32 beats)

8 Three Two One (1/4 L)
4 Back Touch & Basic
4 Fancy Double (1/4 L)
8 Three Two One (1/4 L)
4 Back Touch & Basic
4 Fancy Double (1/4 L)

Quick Cues

Part D (4 beats)

4 2 Basics

Part A (32 beats)

8 Clogover Vine
4 Pivot Chain (1/2 R)
4 Chasit (Fwd)
8 Clogover Vine
4 Pivot Chain (1/2 R)
4 Chasit (Fwd)

Part B (16 beats)

4 2 Slur Step (L)
4 Burton Stamp (1/2 L)
4 Donkey (Rft)
4 Rocking Chair (1/2 L)

Part C (32 beats)

8 Three Two One (1/4 L)
4 Back Touch & Basic
4 Fancy Double (1/4 L)
8 Three Two One (1/4 L)
4 Back Touch & Basic
4 Fancy Double (1/4 L)

Part B (16 beats)

4 2 Slur Step (L)
4 Burton Stamp (1/2 L)
4 Donkey (Rft)
4 Rocking Chair (1/2 L)

Part B (16 beats)

4 2 Slur Step (L)
4 Burton Stamp (1/2 L)
4 Donkey (Rft)
4 Rocking Chair (1/2 L)

Part E (9 beats)

4 2 Basic
4 Triple
1 Stomp



Step Definitions - Leavin's Heavy On My Mind

CLOGOVER VINE

DS (OTS) DS (XIF) DS (OTS) DS (XIB) DS (OTS) DS (XIF) DS RS
L R L R L R L RL
&1 &2 &3 &4 &5 &6 &7 &8

PIVOT CHAIN (This routine, 1/2 R on 3 RS)

DS [RS RS RS] (TURN)
L RL RL RL
&1 &2 &3 &4

CHASE IT

DS [SL S-SL S-SL S] (FWD)
L L R R L L R
&1 & 2 & 3 & 4

BURTON STAMP (This routine, 1/2 L on 3 STA H's)

DS STA H STA H STA H
L R L R L R L
&1 & 2 & 3 & 4

SLUR STEP

DS (OTS) SLR-S (XIB)
L R R
&1 & 2

DONKEY

DS TCH (XIF) H TCH (F) H RS
L R L R L RL
&1 & 2 & 3 &4

ROCKING CHAIR (This routine, 1/2 L on BR)

DS BR H DS RS
L R L R LR
&1 & 2 &3 &4

THREE TWO ONE (This routine, 1/4 L on RS)

DS DS (XIF) DS DT H DT H DS (XIF) RS (1/4 L) K/DR-SL
L R L R L R L R LR L/R R
&1 &2 &3 & 4 & 5 &6 &7 & 8

BACK TOUCH AND BASIC

DS TT (BK) H DS RS
L R L R LR
&1 & 2 &3 &4

TRIPLE

DS DS DS RS
L R L RL
&1 &2 &3 &4

BASIC

DS RS
L RL
&1 &2

STOMP

(P) STO
R
& 1