

SINGLE WHITE FEMALE

Level: Intermediate Plus
Artist: CHELY WRIGHT
Choreo: Neville Flegg
Speed: + 5-10 % **Length:** 3.18 min
Sequence: A B C A B D B E C
Intro: Wait 8 beats; Left foot lead

Quick Cues

Part A (32 beats)

24 3 Swing Basic (1/4 L on ea)
8 Cowboy Double Stomp (1/4 L)

Part B (32 beats)

8 Roy
4 Tennessee Walking Step
4 Double Basic & Clap (1/2 R)
8 Roy
4 Tennessee Walking Step
4 Wright Rhythm (1/2 R)

Part C (16 beats)

16 2 SW

Part A (32 beats)

24 3 Swing Basic (1/4 L on ea)
8 Cowboy Double Stomp (1/4 L)

Part B (32 beats)

8 Roy
4 Tennessee Walking Step
4 Double Basic & Clap (1/2 R)
8 Roy
4 Tennessee Walking Step
4 Wright Rhythm (1/2 R)

Part D (32 beats)

24 3 Rider Down (1/4 L on ea)
4 Triple (1/4 L)
4 Chely's Move

Part B (32 beats)

8 Roy
4 Tennessee Walking Step
4 Double Basic & Clap (1/2 R)
8 Roy
4 Tennessee Walking Step
4 Wright Rhythm (1/2 R)

Part E (32 beats)

32 4 Rider Down (1/4 L on ea)

Part C (16 beats)

16 2 SW



Step Definitions - Single White Female

SWING BASIC: (In this routine, 1/4 Left on beat &8)

[DS RS (P) (SWING LEG OTS) S(XIF) RS (P) (SWING LEG OTS) S(XIF) RS] (FWD) DS RS (1/4 L)
L RL R R LR L L RL R LR
&1 &2 & 3 &4 & 5 &6 &7 &8

COWBOY DOUBLE STOMP: (In this routine, 1/4 Left on &6&7)

[DS DS DS BR(XIF) SL] (FWD) [DS RS RS STO STO] (BK)
L R L R L R LR LR L R
&1 &2 &3 & 4 &5 &6 &7 & 8

ROY:

DT-S/FLA(OTS) TCHH SL/LIFT DT FLA(OTS)/S TCHH LIFT/SL DS DS RS BR SL
L L/ R R L / R R L /R L L /R L R LR L R
& 1 & 2 & 3 & 4 &5 &6 &7 & 8

TENNESSEE WALKING STEP:

DS TnDn TnDn TnDn
L R L R
&1 e&a2 e&a3 e&a4

TRIPLE:

DS DS DS RS
L R L RL
&1 &2 &3 &4

DOUBLE BASIC & CLAP: (In this routine, 1/2 R on RS)

DS DS [R S] (JMP BK) (P) CLAP
L R L R
&1 &2 & 3 & 4

WRIGHT RHYTHM: (In this routine 1/2 R on 2 S's - 1&)

(P) S S-SL CLAP (P) (P) (P)
L R R
& 1 & 2 & 3 & 4

SW:

DS SK DR-POP SLAP HD/BA (P) S SK DR-POP SLAP HD/BA (P) S TnDn TnDn TnDn
L R L R L /R L R L R L /R L R L R
&1 e & a 2 & 3 e & a 4 & 5 e&a6 e&a7 e&a8

RIDER DOWN: (In this routine 1/4 L on beat &8)

DS(OTS) DS(XIF) DS(OTS) R(XIB) BA/H (P) STO TnDn TnDn RS
L R L R L /R R L R LR
&1 &2 &3 & 4 & 5 e&a6 e&a7 &8

CHELY'S MOVE: ('*' Denotes both feet stay on the floor)

DS* (L HAND TO L HIP) (R HAND TO R HIP) (ROLL HIPS IN CIRCLE - L TO R)
L
&1 &2 &3 &4

NOTES: for a challenge, change any RS to Buck ie. BA H-BA H-S

CHELY'S MOVE is done with attitude! Sell it! Work it!

Abbreviations for:

TnDn

TENNESSEE DOWN:
SK DR-POP SLAP-S
L R L L
e & a 1

TnUp

TENNESSEE UP:
SK DR-POP SLAP SL
L R L R
e & a 1