

THE FIRST STEP

Level: Basic +3
Artist: TRACY BYRD
Choreo: Neville Flegg
Speed: + %5-10 **Length:** 2.21 min
Sequence: A B C A B D
Wait: 8 beats; Left Foot Lead

Quick Cues

Part A (32 beats)

4 Rocking Chair
4 Chain (L)
4 Rocking Chair
4 Chain (R)
4 Triple (FWD)
4 Pivot Chain (1/2R)
4 Triple (FWD)
4 Pivot Chain (1/2R)

Part B (35 beats)

4 Double Kicker
4 Vine Stamps (L)
4 Stomp Double
4 Rocking Chair (1/2L)
3 Double Basic
4 2 Basic
4 Rocking Chair (1/2L)
4 Vine Stamps (L)
4 Stomp Double

PART C (16 beats)

16 2 Cowboy (1/2L EA)

Quick Cues

Part A (32 beats)

4 Rocking Chair
4 Chain (L)
4 Rocking Chair
4 Chain (R)
4 Triple (FWD)
4 Pivot Chain (1/2R)
4 Triple (FWD)
4 Pivot Chain (1/2R)

Part B (35 beats)

4 Double Kicker
4 Vine Stamps (L)
4 Stomp Double
4 Rocking Chair (1/2L)
3 Double Basic
4 2 Basic
4 Rocking Chair (1/2L)
4 Vine Stamps (L)
4 Stomp Double

Part D (12 beats)

4 Vine Stamps (L)
4 Stomp Double
4 Stomp Basic Kick



Step Definitions - The First Step

ROCKING CHAIR:

DS BR H DS RS
L R L R LR
&1 & 2 &3 &4

CHAIN:

DS RS RS RS (MOVE FWD BK L OR R)
L RL RL RL
&1 &2 &3 &4

TRIPLE:

DS DS DS RS
L R L RL
&1 &2 &3 &4

PIVOT CHAIN: (This routine, 1/2 R)

DS [RS RS RS] (TURN)
L RL RL RL
&1 &2 &3 &4

DOUBLE KICKER:

DS DS K H K H
L R L R L R
&1 &2 & 3 & 4

VINE STAMPS:

DS (OTS) DS (XIB) DS (OTS) STA-STA
L R L R R
&1 &2 &3 & 4

STOMP DOUBLE:

(P) STO DS DS RS
L R L RL
& 1 &2 &3 &4

DOUBLE BASIC:

DS DS RS
L R LR
&1 &2 &3

BASIC:

DS RS
L RL
&1 &2

COWBOY: (This routine, 1/2 L on 3 RS)

[DS DS DS BR (XIF) H] (FWD) [DS (XIF) R (BK) S (XIF) R (BK) S (XIF) R (BK) S (XIF)] (BK)
L R L R L R L R L R L R
&1 &2 &3 & 4 &5 & 6 & 7 & 8

STOMP BASIC KICK:

(P) STO DS RS K/DR-SL
L R LR L/R R
& 1 &2 &3 & 4